

Exchange Host Gift Ideas

General suggestions:

Look for something unique to Canada or with a Canadian theme - not necessarily with an emblem or logo, although that's appreciated on smaller, inexpensive items. You should expect to spend somewhere between \$50 and \$70 for night hosts and \$5 for Dinner and Day Hosts. Take a box of thank you notes with you so you can write notes of appreciation.

Where to shop:

- Canada's Four Corners,
- National Gallery of Canada gift shop
- Rideau Hall gift shop
- Canadian Museum of History gift shop
- Byward Market outdoor kiosk and indoor stalls
- Parliament Hill Visitor Centre gift shop

Night Hosts

- Art work of any Canadian artist
- Scarves with maple leaves or Canada theme design
- Soapstone Sculpture - Inukshuk
- Carving of anything depicting Canada - moose, beaver, loon, polar bear, totem
- Any Haida West Coast Indian art - framed brass reliefs at Four Corners; fridge magnets at National Gallery
- Umbrella with Canadian design
- T-shirt with Canadian design
- Carved hot plate
- Maple Syrup
- FFO Tote bag
- Handmade casserole carriers
- Books on Ottawa - picture books or even a travel guide especially for USA trips where weight is not a concern
- Canadian or Ottawa Calendar
- Canadian cuisine items - cook books, smoked salmon, jams, specialty cooking oils
- Canadian wines -especially Ice Wine
- Canadian Olympic gear
- Silk scarf
- Any made in Canada products i.e., napkin ring holders, salad servers, candy dish
- Pewter picture frames
- Jewellery from Parliament Hill

Day and Dinner Hosts

- Anything from the Dollar Store with a Canadian logo (especially for children)
- Anything with an FF logo
- Smaller maple syrup products (fudge, cookies, dipping oil, spreads, candy)
- Baseball caps
- Canada and/or FFO Club pins
- Hasty notes
- Thank you notes depicting tulips from Harvest House
- Key chains
- Luggage handle wraps

- Coasters with Canada Theme
- Coffee spoon with maple leaf emblem
- Jams, jellies and maple products made in Canada
- Soft cover books on Ottawa, Ontario or Canada from gift shop
- Ottawa or Canada theme fridge magnet
- Note pad with magnet for fridge
- Playing cards
- Purdy's chocolate cowboy hats
- Canadian pins and brooches